

PM SLSC Club News – 28th December 2009

To contribute to Club News contact captain@portmacquariesurfclub.com.au

NOTE that **patrol hours are now extended** 9am to 6pm with change over at 1:30pm

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- Advanced Emergency Care course
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This weekend's patrols...

Friday 1st January 9am - Patrol 7, Nick George
1:30pm - Patrol 8, Andrew Mitchell

Saturday 2nd January 9am - Red Team, Anne Walsh
1:30pm - Patrol 10, Trevor Franklin

Sunday 3rd January 9am - Patrol 1, Robert McCue
1:30pm - Patrol 2, Wez Watson

Advanced Emergency Care course THIS week

Advanced Emergency Care Course is being run this Tuesday 29th December, 2009, 6pm at the Branch Office. If you are interested please contact me as a matter of urgency.

Kim Rayner, Director of Education, SLSMNC
Ph: 6583 8287 Mob: 0419 760 808
Email: kimrayn@bigpond.net.au

Award proficiencies

On the following pages are indications of recorded proficiencies for this season. If you are listed as not proficient please EITHER...

- Contact the person who conducted your proficiency and arrange for it to be officially recorded, or
- Contact Robert McCue to arrange for a proficiency assessment for your awards

IRB Driver proficiency

The following members show in our records as being proficient IRB Drivers last season but not yet for this season.

Besseling	Peter	Munro	Craig
Filetti	Stephen	Scully	Matt
George	Nicholas	Wehlow	Benjamin

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IRB Crew proficiency

The following members show in our records as being proficient IRB crewpersons last season but not yet for this season.

Besseling	Peter	Haylett	Naomi	Munro	Craig
Doyle	Jason	Hurkett	Geoffrey	Munro	Hannah
Edwards	Dione	Jackson	Brad	Munro	Scott
Filetti	Stephen	Locksley	Rebecca	Rivas	Alex
Flannery	Simon	Mullan	Mathew	Scully	Matt
George	Nicholas			Wehlow	Benjamin

ARC proficiency

The following members show in our records as being proficient in Advanced Resuscitation Certificate last season but not yet for this season.

Adams	Jack	Hudson	Grant	Polverino	Vicki
Besseling	Peter	Hurkett	Geoffrey	Polverino	Blake
Brook	Julie	Jackson	Brad	Rivas	Andrea
Brook	Larry	Locksley	Rebecca	Strachan	Mark
Chapman	Raymond	Mackay	Hugh	Turnham	James
Edwards	Dione	Mackenzie	Maree	Vogele	Jamie
Filetti	Stephen	Middleton	Frederick	Walsh	Anne
Filetti	Daniel	Morgan	Norman	Webb	Nicholas
Filetti	Lorraine	Munro	Scott	Webb	Simon
Hopkins	Darren	Munro	Hannah	Woodham	Geoff
Hopkins	Louise	O`Sullivan	Dennis	Zaicew	Jade

Defibrillation proficiency

The following members show in our records as being proficient in Defibrillation Certificate last season but not yet for this season.

Adams	Jack	Hopkins	Darren	Mitchell	Andrew
Besseling	Peter	Hopkins	Louise	Polverino	Blake
Duffy	Aram	Hurkett	Geoffrey	Rivas	Andrea
Edwards	Dione	Jackson	Brad	Tancred	Julie
Filetti	Daniel	Locksley	Rebecca	Wright	Stephen
Filetti	Stephen	Mackenzie	Maree	Zaicew	Jade

Spinal proficiency

The following members show in our records as being proficient in Spinal Management Certificate last season but not yet for this season.

Brook	Larry	McCue	Robert
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Senior First Aid proficiency

The following members show in our records as having expired Senior First Aid qualifications.

Wookey	Jennifer	Locksley	Rebecca
Wright	Tony	Mackay	Hugh
Wilson	Kenneth		

2009/10 Blood Challenge

The Port Macquarie Surf Lifesaving Club will be competing this season in the first Summer Blood Challenge against the rest of the Branch to see which one can get the highest number of members to donate blood to the Australian Red Cross Blood Service in Port Macquarie and Kempsey **between December 7 and March 7.**

Around 1.2 million blood donations are needed each year in Australia – that's 26,000 donations each week - and that demand is expected to double in the next decade, as the population ages and new treatments are developed requiring blood and blood products.

Currently in Australia, approximately 570,000 Australians donate, which is just 3% of the population. This is in stark contrast to the 1 in 3 of us who will need blood or blood products at some point during our lives. Donating blood takes only 1 hour of your time but can save up to three people's lives.

The demand for blood donations and especially the blood component, platelets, peaks at holiday times such as Christmas when the incidence of road accidents and trauma increases and blood donations fall as people take a break away from home. Donating blood is a great Xmas present that you can give somebody that costs you nothing.

To register for the challenge, just record your name against your club on the tally sheet held at the Kempsey or Port Macquarie Blood Donor Centres when you donate blood between December 7 and March 7.

To make an appointment to donate, call 13 14 95. The Donor Centres are open:

Port Macquarie Donor Centre, Cnr Clarence & Munster Streets

Monday, Tuesday & Thursday	1:00pm – 7:00 pm
Wednesday & Friday	8:00am – 2:00pm
1st Saturday of the month	8:00am – 12noon

Kempsey Donor Centre, Kempsey District Hospital, 119 River Street

Thursday	12:00pm – 6:00pm
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If you're in good health and aged between 16 and 70, chances are you can give blood.