



PM SLSC Club News

4th February 2010

To contribute to Club News contact captain@portmacquariesurfclub.com.au

For more Club information go to our website www.portmacquariesurfclub.com.au

Weekly SLSNSW Club Mail – Click on latest news item

<http://www.surflifesaving.com.au/www/463/1001127/displayarticle/club-mail--1003839.html>

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This weekend's patrols...

NOTE: from this weekend patrol changeover time is 1pm and finish is 5:15pm.

Saturday 6th February 9:00am - Blue Team, Anne Walsh
Low @ 10am High @ 3:30pm 1:00pm - Patrol 7, Nick George

Sunday 7th February 8:30am - Patrol 8, Andrew Mitchell
Low @ 11am High @ 4:40pm 1:00pm - Patrol 9, Jamie Harrison

Branch Championships – good luck

The Club Committee wishes all competitors the very best of luck for the Branch Championships being held this weekend at Hat Head. We know everyone will do their best and regardless of the outcome, consider you all to be champions!

Patrol Competition

Due to poor surf conditions the **2nd Annual Patrol Competition** sponsored by Newcastle Permanent was postponed to **Saturday 13th February at 12 noon**. This competition is a relay-style orienteering event involving swimming, running, board paddling, knowledge of signals and similar patrol-related activities. Each patrol needs a team of six competitors.

Club Championships

Due to poor surf conditions the **Club Championships** were postponed to **Saturday 13th February at 1pm**. This applies to 15yrs, 17yrs, 19yrs, Opens and Masters.

Club Committee news

Your Club Committee has been meeting each month to discuss a wide range of issues associated

with the 'business' of managing our Surf Life Saving Club. The passion and commitment of the various Committee members has been evident throughout the season with strongly advocated views.

At present there are negotiations between the Club and PMH Council (who own the building) and Department of Lands (who own the land) regarding our lease. This will be a protracted conversation that involves the other Clubs in the PMHC area. All parties are keen to come to a mutually beneficial agreement that will enable each Club to put in place a long term business plan.

Another hot topic is the continuing deterioration of the ceiling in the ladies change room. This is recognised as a safety issue and is being taken seriously by both the Committee and the Council. Sadly, the solution is not simple. However, an interim measure will soon put in place to remove the damaged ceiling and divert the rainwater from the electrical fittings.

OHS Committee news

The Club OHS Committee continues to meet every 2 or 3 weeks. Their current focus is on 'housekeeping' which the January Hazard/Risk inspections identified as the main cause of OHS-related issues.

Anyone with ideas that may be useful to this sub-committee is welcome to contact any one of the members – Grad Jackson, Megan Warrington, Selina Warrington, Sally Moriarty, Anne Walsh.

If you identify a hazard that you don't think the Committee is aware of, please report it to your patrol captain or a member of the OHS committee.

Next season patrols

Although this season has not yet finished, very soon your patrol captain will be asking you about your availability for next season. The rough plan is to have 12 patrols with a minimum of eight members in each. The patrols will need the following qualifications among those eight people so you will be encouraged to do some training during the off season.

- 1 x Beach Management Certificate (BBM)
- 1 x Advanced Techniques in Resuscitation Certificate (ARTC)
- 1 x Spinal Management Certificate
- 1 x IRB driver (IRBD)
- 1 x IRB crew (IRBC)

Uniforms in stock

We now have patrol uniforms of all sizes in stock. If you have not yet changed over to the new uniform please contact me on clubcaptain@portmacquariesurfclub.com.au

A small number of the large size in broad brimmed hats has arrived. Also have received patrol caps (red/yellow quartered).

S 2009/10 Blood Challenge continues...

The Port Macquarie Surf Lifesaving Club is still competing in the first Summer Blood Challenge against the rest of the Branch to see which one can get the highest number of members to donate blood to the Australian Red Cross Blood Service in Port Macquarie and Kempsey **between December 7 and March 7**. To register for the challenge, just record your name against your club on the tally sheet held at the Kempsey or Port Macquarie Blood Donor Centres when you donate blood between December 7 and March 7.

To make an appointment to donate, call 13 14 95. The Donor Centres are open:

Port Macquarie Donor Centre, Cnr Clarence & Munster Streets

Monday, Tuesday & Thursday 1:00pm – 7:00 pm

Wednesday & Friday 8:00am – 2:00pm

1st Saturday of the month 8:00am – 12noon

Kempsey Donor Centre, Kempsey District Hospital, 119 River Street - Thursday - 12:00pm – 6:00pm