



PM SLSC Club News

3rd March 2010

To contribute to Club News contact clubcaptain@pmslsc.com.au

For more Club information go to our website www.pmslsc.com.au

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This weekend's patrols...

Saturday 6th February

High @ 2:00pm

9:00am-1pm - Red Team, Anne Walsh

1:00pm-5:15 - Patrol 9, Jamie Harrison

Sunday 7th February

High @ 3:00pm

8:30am-1pm - Patrol 10, Trevor Franklin

1:00pm-5:15pm - Patrol 1, Rob McCue

Club Championships

Next round of Club Championships for Cadets, Opens and Masters will be this Saturday 6th March beginning at 11am.

The initial round of Club Championships was held on **Saturday 13th February at 1pm**. Each event was hotly contested by cadets, opens and masters (whole heap of those). They put on a great show for the general public.

Andrew (Flash) Gordon thought he had the Open category sewn up – being the only person in the 20-29 age group. Sadly, most cadet and masters competitors chose to also compete in Opens leaving poor Flash battling it out with as many as six interlopers in his races.

Jeff Polverino demonstrated how a headlock on a surf ski can make the difference between 2nd and last. He crossed the line with a death grip around his ski after once again failing to stay on once he reached the white water. Dave Carew showed that he's still having trouble staying on his board. His skills in falling off from the top of a wave were honed at the Country Titles and he gave us a similar demonstration during the Masters board event of the Club Champs. Meanwhile Bev Towle

completed her inaugural ski race. Although it was a wave ski not surf ski she was the outright winner in the masters women race.

Special congratulations of the day go to Ben Wehlow. Big Ben won the 30+ Men's category in every event. It was a tough day for him despite the fact that he had no others in his age group. I believe it's the first time ever Ben has won a flag event and he's not going to let anyone forget it.

Glen Towle gets special mention for giving up his afternoon to be race official. Under his watchful eye each event went off without a hitch. As result recorder I managed to keep tabs on the finish line. It only took five events for me to learn how to spell Kai's Kye's name.

Branch Championships

The remaining Cadet, Open and Masters events will be held at the Sovereign Hills Port Macquarie Carnival SLSC carnival. Masters are on Saturday 13/03/10 from 1300hrs after the nippers. Cadets and Opens are from 1000hrs on Sunday 14/03/10.

Club Presentation night

The Club presentation night will be held on Saturday 1st May. This is one of the highlights of the year so put the date in your calendar. There will be all the usual awards plus a few new ones. Come along, bring the family and enjoy a great night.

Club AGM

The PM SLSC AGM will be held on Sunday 25th July at 1pm. Members wishing to vote at the AGM must be registered financial members. This means you need to take care of your re-registration prior to the AGM. Registrations will be accepted during the hour immediately before the meeting.

Nominations for committee positions

Nominations for any Committee position, including Chairperson of the JAC, must be made in writing to the Club Secretary one week prior the date of election.

- In the case of the JAC Chairperson, the election will be at the JAC Annual Meeting on March 27th at 1pm.
- In the case of all other Committee positions, the election will be at the Club AGM on Sunday 25th July at 1pm.

Please note...

There has been an increasing tendency of patrol members to turn up late and/or not get substitutes. One recent patrol had only two members turn up. This meant the flags couldn't be put up until the patrol captain phoned around and found sufficient volunteers to help out. Please arrive on time for your patrol and if you can't get there, arrange a substitute.

Competition is an important part of the Surf Life Saving movement. It improves our skills and capacity to respond in urgent situations. However, being able to compete is a reward for the hours we spend on the beach in patrols. Please make sure that that you organise a substitute if you're competing on the day of your rostered patrol.

Important IRB notes

Another emerging issue is the treatment of the IRBs. We have just spent nearly \$5000 having the transom replaced on one of the hulls and regularly spend money having the motors serviced and maintained. It's distressing to go to the Clubhouse on a Monday to find the pontoons fully inflated, the motor still on the boat and the motor not flushed clean.

Drivers, please don't allow chains to drag across the transom. Chains connected to the swim cans and other buoys cause considerable damage to the wood which initially results in water entry into the timber and longer term results in the need to replace the transom completely.

After each afternoon patrol...

- pontoons MUST be partially deflated patrol – leaving them fully inflated causes them to eventually tear away from the transom. Repairing that type of damage is very expensive.
- motors MUST be removed from the hull – when not in the water, their weight on the transom also contributes to the tearing of the transom from the pontoons
- motors MUST be flushed clean of salt water and sand – some drivers have been complaining about the condition of the motors. Part of the problem is that they are left with sand and salt water in them causing poor performance problems.

Patrol housekeeping

The OHS Committee has identified housekeeping as being the most persistent cause of OHS issues. In an effort to reduce the problem we are trialling a new idea. In the patrol log book will be a small checklist outlining some basic housekeeping tasks that each patrol is encouraged to do during their time on the beach (see end of this document). The slip of paper includes a space on which to notify the OHS committee of any hazards they need to be aware of. Your help with this small initiative and feedback would be appreciated.

Next season patrols

Although this season has not yet finished, very soon your patrol captain will be asking you about your availability for next season. The rough plan is to have 12 patrols with a minimum of eight members in each. The patrols will need the following qualifications among those eight people so you will be encouraged to do some training during the off season.

- 1 x Beach Management Certificate (BBM)
- 1 x Advanced Techniques in Resuscitation Certificate (ARTC)
- 1 x Spinal Management Certificate
- 1 x IRB driver (IRBD)
- 1 x IRB crew (IRBC)

Uniforms in stock

We now have patrol uniforms of all sizes in stock. If you have not yet changed over to the new uniform please contact me on clubcaptain@portmacquariesurfclub.com.au

A small number of the large size in broad brimmed hats has arrived. Also have received patrol caps (red/yellow quartered).



Port Macquarie Surf Life Saving Club

patrol housekeeping checklist

Tidy the following areas	General housekeeping tasks
<ul style="list-style-type: none">.. Club room.. Ladies' change room.. Men's change room.. Sign on area.. Patrol room.. Gear storage area	<ul style="list-style-type: none">.. Return equipment and other items to correct storage place.. Empty bins.. Clean up rubbish on deck area.. Identify and rectify obvious hazards

List hazards that require attention of the OHS committee

First Aid room

- .. Check sheet and blanket are clean
 - .. Wipe over benches
 - .. Clean walls
 - .. Clean sink
 - .. Sweep/hose floor if needed
- .. tick this box if sheet &/or blanket need washing