

# Circular 3216

Released



## LEVEL 1 SURF COACH COURSES

**Attention:** Club Presidents, Club Secretaries, Club Competition Officers, Team Managers, Coaches and Competitors.

**Actioned by:** All current financial members interested in obtaining their Level One Surf Coach Accreditation.

**Date:** 20<sup>th</sup> April 2011

**Contact:** Denise Lees - Administration Officer  
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<b>Summary</b>	Outline the procedure for members to apply to gain their Level 1 Surf Coach Accreditation
<b>Objective</b>	Provide opportunities and pathways for coaches at all levels
<b>Action Plan Ref No.</b>	5.2.2 Provide opportunities and pathways for coaches at all levels
<b>Action</b>	Complete the application form and return to SLSNSW one week prior to the date of the course

Level One Surf Coach Courses will be conducted within NSW at the following dates and venues as long as **at least 10 participants are enrolled in each course.**

Date	Course	Venue
Sat 2 <sup>nd</sup> & Sun 3 <sup>rd</sup> July	Lower North Branch	Crowdy Head SLSC
Sat 9 <sup>th</sup> & Sun 10 <sup>th</sup> July	North Coast Branch	Coffs Harbour SLSC
Fri 5 <sup>th</sup> & Sat 6 <sup>th</sup> August	Central Coast Branch	Branch Office
Sat 20 <sup>th</sup> & Sun 21 <sup>st</sup> August	Far South Coast Branch	Tathra Area
Fri 26 <sup>th</sup> & Sat 27 <sup>th</sup> August	Illawarra Branch	Branch Office
Sat 10 <sup>th</sup> & Sun 11 <sup>th</sup> Sept	Sydney Branch	TBC
Sat 17 <sup>th</sup> & Sun 18 <sup>th</sup> Sept	Hunter Branch	Branch Office
Fri 21 <sup>st</sup> & Sat 22 <sup>nd</sup> Oct	Sydney Northern Beaches Branch	Branch Office

**Please check above dates for days of courses:-**

Friday Hours 6.30pm - 9.30 pm  
Saturday Hours 8.15am - 5.30 pm  
Sunday Hours 8.15am - 1.30 pm

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## HOW TO ENROL

Enrolment for the Course is by application only.

The enrolment fee is \$150 (inc GST) for the Level 1 Coach Course and includes:

- A satchel including coaching material and Surf Life Saving Coaching Manual
- SLSA Coaching DVD
- Registration with Surf Life Saving Australia
- General Principles Certification
- Course Delivery
- Meals during duration of course

Members wishing to enrol in the Level One Surf Coach Course must be:

- a current financial member of a club affiliated with Surf Life Saving NSW
- a minimum of 16 years of age

To enroll, please complete the attached form and return to SLSNSW, **no later than one week prior to the course date.**

**\*Cancellation fee or late entry fee of an extra \$25.00 per person will be incurred if nomination form is not submitted 6 days prior to course date or nominee cancels 1-6 days prior to course.**

## OVERVIEW OF THE COACHING COURSE

The Level One Course is introductory, providing the knowledge and skills to coach at club level.

The course covers lectures and practical workshops in the following units:

- Introduction to SLSA Coaching
- Athlete Development
- Planning Training
- Sports Science
- Delivering and Reviewing
- Practical Sessions

**Participants must attend the full course to receive accreditation.**

## TIMETABLE

Candidates will need to complete a minimum of ten (10) hours of practical coaching post course in order to complete and gain accreditation.

## BOAT SWEEPS

All NEW boat sweeps are reminded to compete, they must have fully completed a level 1 coaching course and completed a surf boat sweeps accreditation checklist. Please be aware that the coaching courses listed will be the only level 1 coaching courses held for the 2011/2012 season.

## LOCATION OF COURSES

Crowdy Head SLSC	Crowdy Road - Crowdy Head
Coffs Harbour SLSC	Surf Club Road, Off Ocean Parade - Coffs Harbour
Central Coast Branch Office	Tuggerah Industrial Estate - Unit 7/4 Teamster Close – Tuggerah
Illawarra Branch Office	64 Smith Street – Wollongong
Hunter Branch Office	1/6 Revelation Close – Tighes Hill
Sydney Northern Beaches Office	U9/1 Vuko Place - Warriewood

## LEVEL 1 SURF COACH ACCREDITATION ENROLMENT FORM

First Name		Surname	
Address			
Suburb		Post code	
Club		Phone (h)	
Phone (w)		Mobile	
Email			
Course Date			
Location of course			

### DISCIPLINE – please circle

Beach	Board	Boat Sweep	Boat Rower
Ski	IRB Driver	March Past	R & R
Swim			

### CLUB ENDORSEMENT

Print Name	Position in Club
Signature:	

### PAYMENT

Please deduct \$155.00 or \$180.00\* from my:  Mastercard  Visa  Direct Deposit  Invoice Club

Card Number for Mastercard/Visa:

Name on Card (print)	Expiry
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Signature

Or pay by Direct Deposit: BSB 062 208  
 Account No : 1003 2252  
**Please specify: your name and 716**

I enclose a cheque/money order for \$ \_\_\_\_\_ to cover the cost of the course

Return to: Denise Lees – Surf Life Saving NSW – P O Box 307 Belrose – 2085 or Fax: 9471 8001 no later than the Friday prior to the course. Email: [dlees@surflifesaving.com.au](mailto:dlees@surflifesaving.com.au)