



PM SLSC Club News

15 September 2011

To contribute to Club News contact secretary@pmslsc.com.au

For more Club information go to our website www.pmslsc.com.au

In this issue

- Nikon Clubbie of the Year
- Join us on FACEBOOK!
- Rego and Proficiency Day – it is here!
- Training Sessions (Physical)
- Training Sessions (Educational) – upcoming courses.
- Members Business Directory for 2011-2012 Season!
- Carnival Dates & Season Opener Taplin

Nikon Clubbie of the Year

Melinda Cockshutt was nominated and accepted by SLSNSW.

Vote now! The Club can get \$6000.

Every vote is worth \$10 (up to \$1000). Easy money for the Club!!!!!!!

And the winning Clubbie gets \$5000 (presented in Sydney in October).

<http://www.nikonclubbieoftheyear.com.au/view-vote?v=tok-894-1315134810>

Join us on FACEBOOK

Ask to join the Port Macquarie Surf Life Saving Group on Facebook.

Another opportunity to find out about what is happening at the Club.

Of course, there are rules about the conduct on the Facebook site but we know we will all behave! ☺

Membership Renewal 2011-2012

If you can register on-line please do. Follow the steps on www.pmslsc.com.au (go through via the links).

If you want to register on Proficiency Day, Registration will be open from 8.15am. We will be upstairs in the Clubhouse.

Membership for Active Members \$45 and Associates \$60 (if you are not a Nipper Parent).
Family Membership \$180 (Register of a family of 4 or more – kids u18).

Patrol Roster

See attached!

Training Sessions (Physical)

Cadets – Seniors – Ocean Swim – Any Ability	9.30am Saturday's	Flynn's Beach (Anne and Geoff Walsh)	FREE
---	-------------------	--------------------------------------	------

PM SLSC Club News 15 September 2011

If you would like Port Macquarie to hold a particular training sessions, please contact our competition manager Mal Storey on mals0107@hotmail.com or for Junior Activities the Chairperson Ben Wehlow on jasc@pmslsc.com.au.

The training sessions must be endorsed by PMSLSC to cover our members (insurance) and to ensure that SLS Watersafety procedures are followed.

Training Sessions (Educational)

Our Trainers have been very busy planning courses for all. Lots coming up in September on the Training Front:

- Spinal Management
- Apply (Senior) First Aid
- Silver Medallion Basic Beach Management (see attached flyer)
- Bronze Squad (end of September – suggest it to your friends!)
- ATV

Please speak to Kim Rayner on the weekend if you are interested in signing up to any of the courses. Sign-Up sheets will be at the Registration Table (upstairs in the Clubhouse).

Carnivals & Season Opening Taplin

Season Start – 4 man taplin relay (swim, board, ski, beach run) at 1PM on Saturday 24 September 2011.(teams to be drawn from hat). This will be followed by a social at the clubhouse.

Sunday 25 September 2011 morning will be usual swim and board and beach run.

Forster Carnival – this is the first carnival (1 & 2 October) and it is intended to attend as a club (u10s-Masters) – stick your name on the board.

Entries close 25 September. Club will pay entry fee (but wont pay late fee or fee if you don't turn up).

Saturday PM is the Ironman events (for all ages) and then a carnival on the Sunday.

Contact Tony Wright if you want to stay in the Guide Hall. There is not much room so spaces limited.

NSW Ocean Endurance Event – Ocean Beach (Central Coast) – Entries now open

29 October 2011 – Cadets-Opens-Masters. Dolphin Ski and Xcel Board up for grabs for competitors.

2km Swim Races – 6-8km Ski Races – 4km Board races – 5km Beach Run – 8km Surf Boat races for all above age groups.

Club will pay entry fee. Please put your name down on the board at the Clubhouse.

Mal Storey – Competition Manager

PM SLSC Club News 15 September 2011

contact : mobile 0419 942 797, email mals0107@hotmail.com

Member's Business Directory Handbook

Wanted an electrician and wondered who in the Club was an electrician, or maybe an accountant or builder. Then we have news for you! We will be handing out to all members a Member's Business Directory (Pocket Size) this season so you know who in the Club does what and if you are looking for a service, then why not look at Club Members at the first point of call.

Details of your business name, address, members name, contact details and business type to be sent to secretary@pmslsc.com.au. To cover the cost of printing we are asking for \$40 for the listing. You can provide your details and money at Registration Days.