



Nipper Mail

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26 February 2010

Chairman's Report

With just over a month until the end of the 2009/2010 season the calendar has tightened up due to the unfavourable sea conditions earlier this month. The third Club Championships have been rescheduled in an attempt to fit everything in prior to the presentation day on Saturday 27th March 2010.

Hat Head is the venue this Sunday for the U/8 – U/14's for the make up day of the Branch Championships.

Congratulations to the inspiring team of club members who attended the Age Championships at Swansea/Belmont. Tyler Hyde was successful in achieving a photo finish silver medal and being the 2nd fastest U/9 in the State at beach sprints is no easy feat. So on behalf of your club mates, well done!! Please see today's Between the Flags in the Port News for all the results.

Your feedback on the season is invaluable for future planning and allows the JAC to run the club more effectively, so please feel free to email any constructive feedback to nippers@pmslsc.com.au

The Sovereign Hills Port Macquarie Carnival has attracted interest from clubs as far away as Shelley Beach on the Central Coast and Sawtell to the North. Both are strong clubs and always give their best against clubs from the Hastings. The Club House has been booked, the bar will be open, dinner will be served, live music can be enjoyed on Sat night and all is in place for a great weekend of fun.

Grant Bailey

Chairman Junior Activities Committee (JAC)

Upcoming Events

5-7 March Friday – Sunday – Junior Leadership Camp at Bonny Hills

07 March Sunday - 3rd Club Championship U/8 – U/11's & training day for U/12 – U/14 not attending Leadership Camp

13 March Saturday – Sovereign Hills Port Macquarie Carnival U/8- U/14's

14 March Sunday – U/14 Parent/ Child team event & 3rd Club Championship U/12 – U/14's

27 March Saturday- JAC AGM & Junior Presentation

U/6's & U/7's

Please note that due to the Hat Head Carnival, these age groups will not be participating in organised activities run by the Club this Sunday. See you next week at nippers or why not head up to Hat Head SLSC to cheer on your Club. Congratulations on your blue ribbon day and we hope you all had lots of fun.

Hat Head Branch Championships – Sunday 28th February 2010

As per Mid North Coast Branch guidelines arm bands will be given out to competitors who complete the swim event which will then allow competitors to participate in board event.

A program of events is attached for your information. Please meet your age group at the Port Macquarie tent at 7.45am for sign on and to allow your age manager to formulate teams. Any nipper requiring the use of a board would you please assist the Gear Steward, Neville Collins, in the carrying down of gear from the trailer to the beach and again at the conclusion of the carnival....

NB: Surf Life Ssaving Australia rules only allow Ocean proficient to compete at Carnivals.

3rd Club Championships – Change to Calendar

U/8- U/11's is now scheduled for Sunday 7th March

U/12 – U/14's will be run on Sunday 14th March at the conclusion of the Open Events of the Port Macquarie Carnival (approx 12 noon).

Sovereign Hills Port Macquarie Carnival 13-14 March

The Carnival runs over two days with U/8 – U/14 on Saturday 13th March commencing 9.00am, followed by the Masters at 12.30pm. Sunday 14th March 8.30am involves U/14 and parent competing as teams for a bit of fun and to celebrate the U/14's last carnival as a Nipper. Also on Sunday starting at 10am will be the Open events.

Program of events include;

U/8 wade, wade relay, flags, sprint, sprint relay

U/9 – U/14 Flags, swim, board, sprint, sprint relays

U/11- U/14 Ironperson

The club will be calling for volunteers to help in all areas, so please show your support in making this a great carnival. A BBQ roster will be drawn up shortly for each age group requiring parents help.

All Club members are invited to the Club House on Saturday night for dinner, live music and drinks.

Clubs along the North, Mid North Coast, South Coast and our sister club Shelley Beach (Central Coast) will be attending, so this should result in great competition and is a big opportunity to socialise with families from other Surf Clubs.

U/11's Basic Resuscitation Course

Pending confirmation of an external examiner the assessment will be conducted on Sunday 7th March following nippers in the Training room upstairs in the Club House. If you require further information please contact the Club's Training Officer- Rob McCue by email training@pmslsc.com.au

Club Communication

Your thoughts, issues, observations and constructive feedback are a vital part of a healthy club, so please feel free to let the JAC know via email nippers@pmslsc.com.au.

Extra Nipper Training

River Board Training –Saturday 7am sharp at the boat shed next to Westport Bowling Club, run by Tony Wright. This session is ideal for basic board skills in calm waters.

Ocean Board Training – Monday and Fridays at 6am, run by Matt Scully and Glenn Towle. This session is ideal for intermediate to advance skills level.

Ocean Board Training for Advanced skills - Tuesday's and Thursday's at 6am, Saturday 9am at Flynn's beach, run by Larry Brook. This session involves long distance ocean paddles, repetition base skills and is ideally suited to strong ocean swimmers. To participate in Larry's training sessions please contact Grant Bailey by email nippers@pmslsc.com.au

To participate in any of the above training sessions you must be in the U/9 to U/14 age group, pool proficient and financial members of the club. Parents must be in attendance at all times during sessions.

Any Bronze proficient members willing to help as water safety at these training sessions would be appreciated.

Training Courses - Please refer to website for further information on upcoming courses.

Level One Surf Official Course - will be held at Tacking Point SLSC and conducted over two nights- Monday 8th March and Tuesday 9th March, 2010 6-9pm. Cost \$65 (Payable in advance or at the door).

Facilitators: Chalky Bob Smith / Kim Rayner.

Prerequisites: Must register prior to the course, be a minimum of 16yrs and be willing to officiate at carnivals - NB: DON'T NEED TO HOLD A BRONZE MEDALLION AND A GREAT WAY TO GET INVOLVED.

For more information please contact Kim Rayner Ph: 6583 8287, Mob: 0419 760 808 or email: kimrayn@bigpond.net.au

Expressions of interest must be received by 1st March, 2010 for the course to go ahead.

The World's Greatest Shave

This is one of Australia's biggest fundraising events. Money raised is used by the Leukaemia Foundation to fund free services to support patients and families living with leukaemias, lymphomas, myeloma and related blood disorders. It also funds blood cancer research to find better treatments and cures.

Nev Collins will have his curls removed on Saturday 13th March at Flynn's beach in aid of this cause – if you would like to make a donation please click on the link below.

<http://my.imisfriendraising.com.au/personalPage.aspx?registrationID=324759&LangPref=en-CA>