



Nipper Mail

www.portmacquariesurfclub.com.au

22 January 2010

Chairman's Report

The JAC hopes that you all have had a safe and relaxing time over the festive season and welcomes you to the New Year and Nippers starting back this weekend.

A lot has happened over this period, including the Country Championships at South West Rocks. The Club sent 68 competitors who showed great sportsmanship to compete in both beach and water events. To those competitors who achieved personal bests but no medals, the Club is proud of you. In all, we achieved 6 gold medals, 4 silvers and 2 bronze and placed 7th overall – a great team effort. Individual and team medal winners were;

U/9 Gold Male Beach Sprint – Tyler Hyde, Silver – Josh Dwyer, Gold Male Beach Flags – Josh Dwyer

U/10 Silver Male Beach Sprint – Jack Sheaves, Bronze Female Surf Race – Jacinta McAvoy

U/11 Silver Beach Relay – Max Carter, Sam Woodham, Mitchell Bailey, Clancy Slowey

U/12 Gold Female Beach Sprint – Eleanor Wright

U/14 Gold Female Beach Sprint – Jordan Sheaves, Bronze Male Board – Joe Wright, Gold Beach Relay – Jordin Sheaves, Joe Wright, Brett Findlay, Cassidy Guest

Silver All Age Relay- Aasta Brownlow, Tyler Hyde, Jack Sheaves, Max Carter, Eleanor Wright, Michael Filetti, Jordin Sheaves

Silver Junior March Past Team – Sally Hurkett, Lana DeMaria, Tyla Peck, Kelsea Peck, Jordan Gilmour, Sinead McNamara, Keely Scully, Maddie New, Cassidy New, Jessica Towle, Tenille Harding, Toni Hurkett

Thank you to Age Managers, Neville Collins our Gear Steward, John Findlay and Glen Towle for attending briefings and conveying updates to competitors and a big thank you to the Mums, Dads and Carers for transporting, feeding and reapplying sunscreen over the 3 day carnival.

Well done!!!!

We also welcome back the U/6 and U/7's to the beach this Sunday and look forward to seeing you all.

Grant Bailey

Chairman Junior Activities Committee (JAC)

Nipper Training resumes – this Sunday, 24th January at 8.15am sign, 8.30am start.

Beach Set Up – U/8's & Parents turn to assist this weekend

Beach set up commences at **7.30am** and is vital to us getting under way at 8.30am sharp. Anyone can assist – just see Neville Collins to offer to help.

Upcoming Events

31/01 Sunday – 2nd Club Championships

07/02 Sunday – Hat Head Branch Championships

14/02 Sunday – U/11's Basic Resuscitation

19-21/02 Friday – Sunday – State Junior Titles at Swansea/ Belmont

JAC AGM plus U/6 –U/14 Presentation – NB: change to Calendar

JAC AGM and U/6 – U/14's presentation day has been combined and will be held on Saturday 27th March at 12.30pm to approximately 3.30pm.

Perpetual Trophies - return required asap

Could all nippers who received perpetual trophies at last season's presentation day please return them to Noni Collins at the Uniform shop (next to Purnos Cafe) this Sunday.

Training Courses

Please refer to website for further information on upcoming courses.

Resuscitation Course for U/11's will be held Sunday 14th February upstairs in the Club House from 11.00am - 1pm.

State Junior Titles Swansea/ Belmont - 19th – 21st February 2010

This is the second largest Surf Carnival which includes metropolitan clubs, held over three days and attracts upwards of 4,000 competitors. Any competitors wishing to attend this Carnival please contact Grant Bailey via nippers@portmacquariesurfclub.com.au by Friday 29th January 2010 as entries close Monday 1st February 2010. Please read the attached Circular 3156 for details of events.

2nd Club Championships - 31st January 2010

Any officials (probationary or accredited) or family members who are willing to lend a hand in the running of our 2nd Club Championships on Sunday 31st January please contact Kim Rayner kimrayn@bigpond.net.au with your preference of area – eg. flag track, sprint track or water area.

Hat Head Branch Championships – Sunday 7th February 2010

This carnival is the last Branch Carnival for the season and many club members have already booked camping and caravan sites for the Friday and Saturday nights. This is a great way to socialise with club members and relax. For bookings please contact Hat Head Holiday Park on 1800 00 66 00 and let them know you're part of the club so we'll all be together.

Leadership Camp U/12 – U/14 5 – 7 March 2010

We still require chaperones for the Leadership camp, thanks to Geoff Hurkett for nominating to be a chaperone.

Port Macquarie Carnival

This Carnival has a long history with the Club and was originally known as the Bob Todd Carnival. The Carnival runs over two days with U/8 – U/14 on Saturday 13th March commencing 9.00am, followed by the Masters at 12.30pm. Sunday 14th March 8.30am involves U/14 and parent competing as teams for a bit of fun and to celebrate the U/14's last carnival as a Nipper. Also on Sunday starting at 10am will be the Opens events.

All Club members are invited to the Club House on Saturday night for dinner, live music and drinks.

Clubs along the North, Mid North Coast, South Coast and our sister club Shelley Beach (Central Coast) will be attending so this should result in great competition and is a big opportunity to socialise with families from other Surf Clubs.

News from Surf Life Saving Australia

This is a great website for parents to share with their children regarding the dangers of rips and the Club encourages you to spend some looking at this interactive program - <http://www.ripcurrents.com.au/>

Extra Nipper Training

Saturday morning river board training will recommence Saturday 30th January 7.00am at the boatshed.

Gear Stewards Report

Could all members please notify the Gear Stewards of any damage to Club boards prior to putting them away so that repairs can be made promptly?

Uniforms

Uniforms will be available for purchase on Nipper Sundays from 8.30 – 9.30 am on the lower level of the club house, besides Purno's cafe.

Position Vacant – JAC Secretary

The position of Secretary has become vacant following the resignation of Bev Towle this week. The JAC thanks Bev for her contributions to the club over the past years.

Any member interested in this position should contact Grant Bailey for more information. The position involves taking minutes for Junior Activity Committee meetings, Nipper Correspondence, Nipper Mail and helping with general business.

Sub Committees

If you would like to get involved in the organisation of your Club then why not join one of the following Sub Committees:

Social Committee – please contact the Dione Edwards @ treasurer@portmacquariesurfclub.com.au

Junior Presentation Committee – This sub committee will be involved in the preparation and running of the Junior Presentation day set down for Saturday 27th March 2010. If you are interested in being involved in the selection of trophies and awards then please contact Grant Bailey @ nippers@portmacquariesurfclub.com.au

Port Macquarie Carnival – Please contact the Jade Zaiciew @ secretary@portmacquariesurfclub.com.au

Uniforms – Please drop in to see Noni Collins @ the uniform shop Sunday mornings.

Port Macquarie Surf Life Saving Club takes on the 2009/10 Blood Challenge

The Port Macquarie surf lifesaving club will be competing this season in the first Summer Blood Challenge against other Branch Clubs to see which one can get the highest number of members to donate blood to the Australian Red Cross Blood Service in Port Macquarie and Kempsey between December 7 and March 7.

Around 1.2 million blood donations are needed each year in Australia – that's 26,000 donations each week - and that demand is expected to double in the next decade, as the population ages and new treatments are developed requiring blood and blood products.

Currently in Australia, approximately 570,000 Australians donate, which is just 3% of the population. This is in stark contrast to the 1 in 3 of us who will need blood or blood products at some point during our lives. Donating blood takes only 1 hour of your time but can save up to three people's lives.

The demand for blood donations and especially the blood component, platelets, peaks at holiday times such as Christmas when the incidence of road accidents and trauma increases and blood donations fall as people take a break away from home. Donating blood is a great Xmas present that you can give somebody that costs you nothing.

To register for the challenge, just record your name against your club on the tally sheet held at the Kempsey or Port Macquarie Blood Donor Centres when you donate blood between December 7 and March 7.

To make an appointment to donate, call 13 14 95. The Donor Centres are open:

Port Macquarie Donor Centre, Cnr Clarence & Munster Streets

Monday, Tuesday & Thursday 1:00pm – 7:00 pm

Wednesday & Friday 8:00am – 2:00pm

1st Saturday of the month 8:00am – 12noon

Kempsey Donor Centre, Kempsey District Hospital, 119 River Street

Thursday 12:00pm – 6:00pm

If you're in good health and aged between 16 and 70, chances are you can give blood.